

State of New Hampshire
By His Excellency
John H. Lynch, Governor

A Proclamation

BIKE OR WALK TO WORK DAY
MAY 16, 2008

WHEREAS, Bicycling and walking provide numerous benefits to individuals' health, including lower risks of disease and increased physical and mental fitness; and

WHEREAS, Bicycling and walking benefit business by promoting physical fitness among employees, which reduces medical costs and employee absenteeism; and

WHEREAS, Bicycling and walking can replace driving for short trips, helping the region meet the requirements of the Federal Clean Air Act; and

WHEREAS, Motor vehicles are a significant source of air pollutants and these pollutants contribute to climate change and the formation of ground-level ozone, which is harmful to human health; and

WHEREAS, The New Hampshire Departments of Transportation, Environmental Services and Health and Human Services, the Bike-Walk Alliance of New Hampshire and other private and public organizations and individuals have worked together to coordinate efforts that encourage employees who normally drive cars to their workplaces to instead ride bicycles or walk to work; and

WHEREAS, By reducing their use of motor vehicles, citizens and businesses of New Hampshire can enjoy improved physical well being through increased activity and reduced air pollution and traffic congestion; and

WHEREAS, The month of May is designated National Bike Month by the League of American Bicyclists, the National Highway Traffic Safety Administration, and the Center of Disease Control to promote the bicycle as a means of transportation, recreation and exercise;

NOW, THEREFORE, I, JOHN H. LYNCH, GOVERNOR of the State of New Hampshire, do hereby proclaim **MAY 16, 2008** as **BIKE OR WALK TO WORK DAY** and encourage all citizens to participate by leaving their cars at home and bicycling or walking to their workplaces.



Given at the Executive Chamber in
Concord, this 22nd day of April in the year of
Our Lord two thousand and eight, and the
independence of the United States of
America, two hundred and thirty-two.


John H. Lynch
Governor